

Q1 I found the content of the Workshop to be:

Answered: 19 Skipped: 0



■ Strongly disagree
 ■ Disagree
 ■ Neutral
 ■ Agree
 ■ Strongly agree

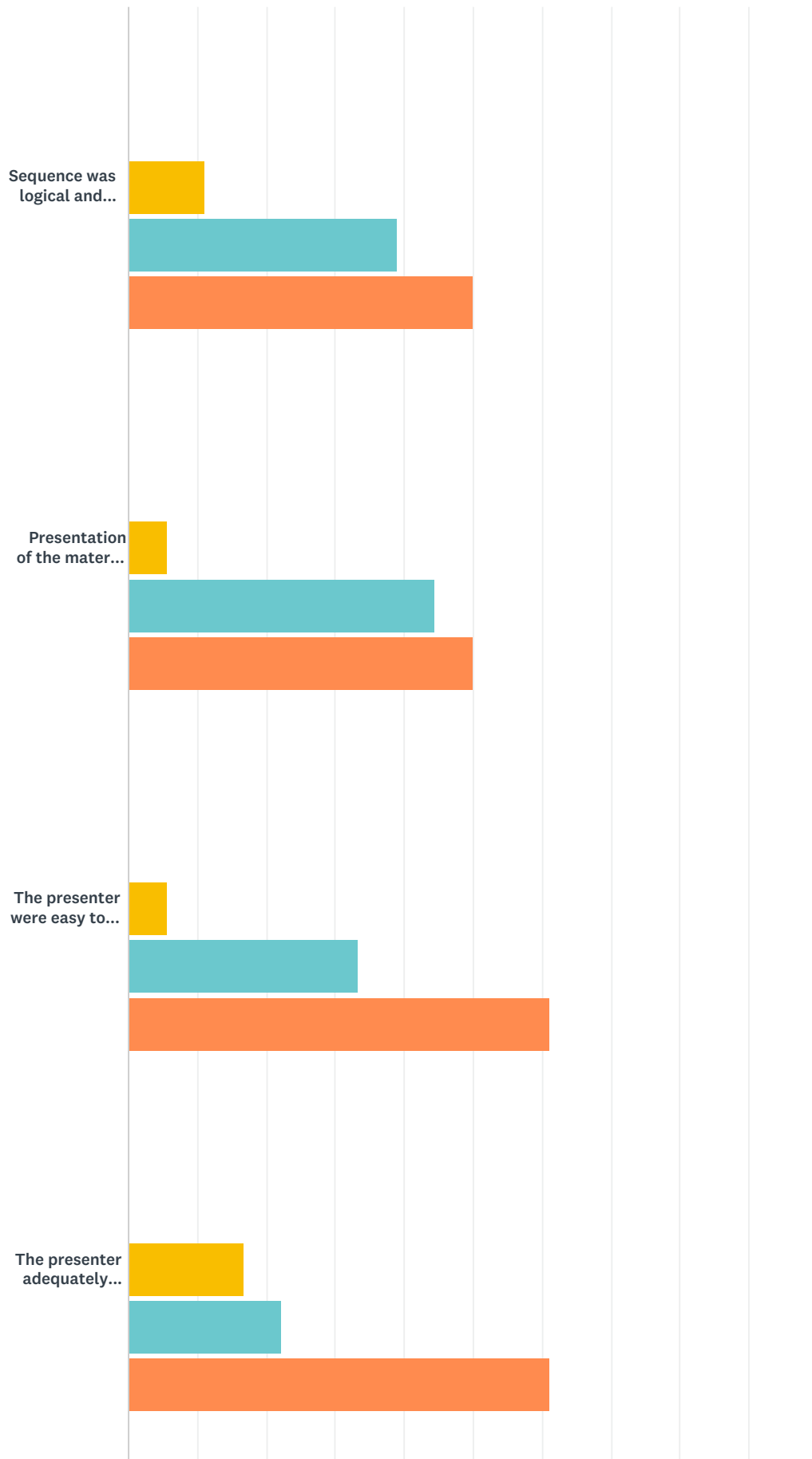
	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL
Interesting	0.00% 0	0.00% 0	0.00% 0	21.05% 4	78.95% 15	19
Relevant	0.00% 0	0.00% 0	5.26% 1	26.32% 5	68.42% 13	19
Practical/Useful	0.00% 0	0.00% 0	5.26% 1	47.37% 9	47.37% 9	19

Mick Cooper Existential Therapies: Exploring the Rich Tapestry of Practices

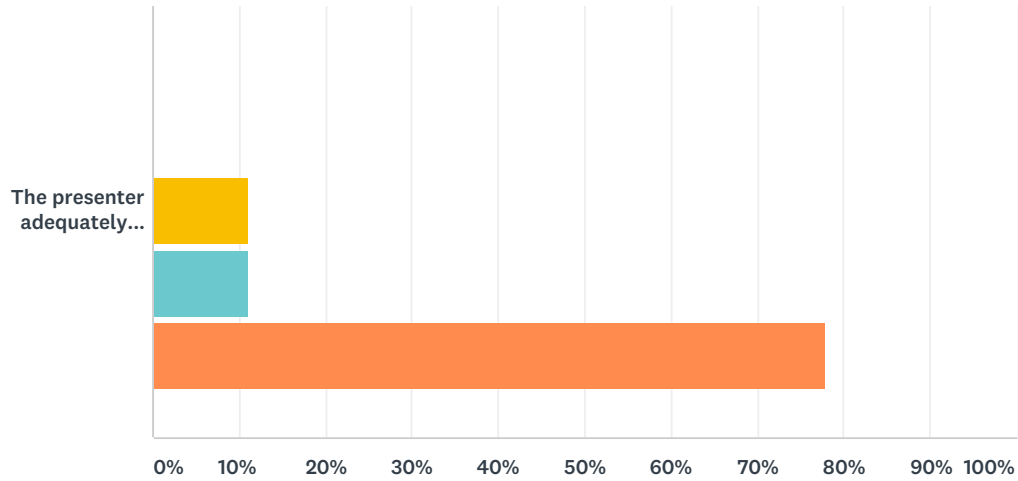
#	FURTHER COMMENTS	DATE
1	not hugely practical but that might be a big ask given the breadth of material to cover	10/1/2018 11:23 AM
2	However sometimes difficult to hear as we were all pretty close together	9/30/2018 11:06 AM
3	Mick is so accomplished as a lecturer and the content so valuable and fresh- almost impossible to make negatively critical comments.	9/28/2018 2:18 PM
4	It was comprehensive, informative and rich. It gave context and ground to support the way I practice; tethering coal face client work with theory/philosophy	9/27/2018 12:57 PM
5	I held a client in mind from the first exercise about a client and held the content up to my work with my client. This has given me many ways to think about him and has offered me new ways to work with him.	9/27/2018 11:14 AM
6	Very well presented - useful overview of ET.	9/27/2018 10:48 AM

Q2 In relation to the Presentation of the Workshop the:

Answered: 18 Skipped: 1



Mick Cooper Existential Therapies: Exploring the Rich Tapestry of Practices



■ Strongly disagree
 ■ Disagree
 ■ Neutral
 ■ Agree
 ■ Strongly agree

	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL
Sequence was logical and made sense	0.00% 0	0.00% 0	11.11% 2	38.89% 7	50.00% 9	18
Presentation of the material was clear	0.00% 0	0.00% 0	5.56% 1	44.44% 8	50.00% 9	18
The presenter were easy to understand	0.00% 0	0.00% 0	5.56% 1	33.33% 6	61.11% 11	18
The presenter adequately facilitated discussion	0.00% 0	0.00% 0	16.67% 3	22.22% 4	61.11% 11	18
The presenter adequately facilitated activities	0.00% 0	0.00% 0	11.11% 2	11.11% 2	77.78% 14	18

#	FURTHER COMMENTS	DATE
1	The first afternoon session where there was no experiential activities didn't work as well as the rest of the program for me.	9/30/2018 6:05 PM
2	There was a lot to cover and take in. The first day felt particularly full and perhaps covering ground resulted in speed delivery	9/27/2018 1:00 PM
3	In particular the exercise with the gentle therapist and the more confrontational therapist. I don't enjoy doing this in groups. I found the way Mick presented the exercise seemed to lower that anxiety for me.	9/27/2018 11:16 AM
4	Very well facilitated, esp guided activities..	9/27/2018 10:48 AM

Q3 The discussion and/or exercise that I found most useful was:

Answered: 15 Skipped: 4

#	RESPONSES	DATE
1	bringing to mind a client and considering to what they are striving for and to what extent they are achieving this etc	10/1/2018 11:25 AM
2	The triads - where there was a soft approach and a more direct approach displayed by the two facilitators. It worked brilliantly	9/30/2018 6:09 PM
3	The integrated approach The exercise on meta perception 'I see myself as.....	9/30/2018 11:14 AM
4	Meta perception	9/29/2018 12:24 PM
5	Imagining how others see me and comparing with how someone experienced me - almost identical!	9/28/2018 2:20 PM
6	I thought they were all useful and interspersed with the presentation well. Not too many or too few!	9/28/2018 12:53 PM
7	Looking at how we see ourselves and how others see us.	9/28/2018 8:47 AM
8	All the pairing discussions were useful	9/27/2018 2:02 PM
9	All others	9/27/2018 1:09 PM
10	All were useful and encouraged fresh reflection both personally and professionally. Stand outs were the work around death; tension between polarities in choice; metaperception; and challenging vs soft approaches to practice	9/27/2018 1:03 PM
11	I found all the content and exercises very helpful. The meaning of the content and exercises for me personally and professionally snuk up on me. The variety of ways of thinking about clients, the work, the world, myself was really helpful.	9/27/2018 11:21 AM
12	The Metaperception exchange, and the exploration of tensions on 2nd day PM	9/27/2018 10:49 AM
13	I highly valued all the exercises and discussions that were offered.	9/27/2018 10:39 AM
14	The role play about choice with the soft and challenging therapist	9/27/2018 10:07 AM
15	All of value	9/27/2018 9:36 AM

Q4 The discussion and/or exercise that I found least useful was:

Answered: 14 Skipped: 5

#	RESPONSES	DATE
1	there was value in everything	10/1/2018 11:25 AM
2	The afternoon of the first day when Mick was talking about his integrative model.	9/30/2018 6:09 PM
3	If there had to be one I guess it would be the Dream one	9/30/2018 11:14 AM
4	Aspects of my world I'm closed to	9/29/2018 12:24 PM
5	History of existential thought.	9/28/2018 2:20 PM
6	Maybe the first intro activity	9/28/2018 12:53 PM
7	The one where we had to decide what choices we made in the break. I could see the idea behind it but it wasn't a very interesting way to uncover it.	9/28/2018 8:47 AM
8	none	9/27/2018 2:02 PM
9	Dreamwork	9/27/2018 1:09 PM
10	none fell into this category	9/27/2018 1:03 PM
11	Missing the beginning was the least helpful part.??	9/27/2018 11:21 AM
12	The dream telling/re-telling, felt to dense/involved to be explored in the time allowed.	9/27/2018 10:49 AM
13	N/A	9/27/2018 10:39 AM
14	Nil	9/27/2018 10:07 AM

Q6 Is there any feedback you want to give to Mick about the workshop?

Answered: 12 Skipped: 7

#	RESPONSES	DATE
1	Thank you for presenting such a huge range of material so clearly. It was a great presentation of the various schools of existentialism presented in a very engaging manner.	10/1/2018 11:27 AM
2	The workshop was an experience of touching base with common sense. Thank you.	9/30/2018 6:10 PM
3	You had so much to cover in the two days and was able to do this in a way I felt I took away so much, many thanks and please come back!	9/30/2018 11:18 AM
4	Would have liked more experiential activities and possibly clinical examples, less teaching	9/29/2018 12:25 PM
5	Please come again	9/28/2018 2:23 PM
6	His presentation of the material is easy to understand. I like examples from his own client work.	9/28/2018 8:53 AM
7	The amount of energy and work that has gone into researching the topic is immense. Pulling all the different strands together into a cohesive message is a massive task given the breadth and depth of the material covered. Hats off to Mick! Honestly it was the most comprehensive coverage I have encountered and so valuable The shadow side of that from the participant perspective (who has by definition spent less time with the material) is that there is a risk of feeling like you are facing Christmas dinner with 15 minutes to eat it; either there needs to be more time to cover the topics or more clearly defined summary of the 'essence'/message at stages throughout the workshop	9/27/2018 2:30 PM
8	He sometimes rushes thru complex material when we are mulling over what some of the concepts or sentences mean	9/27/2018 2:05 PM
9	Thanks Mick for a warm, clear and interesting presentation. It was very relevant to my work and to me personally. The exercises, if engaged with openness, required quite a vulnerability on each participants behalf. At the beginning of some of the exercises I looked at my partner and said, 'here we go'. And the richness that followed was so remarkable. My current challenge has been to step out into the world without retreating at the soonest opportunity. Being vulnerable with strangers felt a bit like I was dangling out there in the world with the potential for it to backfire. It didn't. And I took on the paradoxical intervention for myself and said to the world,'bring it on'. And thank you for bringing a range of existential thought to the workshop. It has been helpful to understand the underpinnings of the existential approaches to therapy.	9/27/2018 11:37 AM
10	Thank you! Wonderful presentation - perhaps a little time squashed towards the end reviewing Emmy Van Deurzen's work in comparison to say Satre etc - but that's just personal preference. Thanks for making dense philosophy more inclusive and ability to link this through the history of therapy.	9/27/2018 10:53 AM
11	The workshop was thoroughly researched and very well presented. Great facilitation of group discussions and exercises. Great time management skills.	9/27/2018 10:45 AM
12	Very enjoyable, I like how Mick presents his ideas clearly	9/27/2018 10:08 AM

Q7 If Mick returns to Australia, is there a specific topic or topics that you would like him to address?

Answered: 11 Skipped: 8

#	RESPONSES	DATE
1	I would take any opportunity to share time with Mick as long as there is an experiential component running parallel to the theory.	9/30/2018 6:10 PM
2	Directionality More in depth on dreams	9/30/2018 11:18 AM
3	More on his latest research and understandings, and that of others. More on the integration of modalities. More on dealing with difficult clients. More case studies and applications of existentialism in practice.	9/28/2018 2:23 PM
4	Maybe one on therapy itself- watching Mick counselling to understand his style and application of the theory/philosophy	9/28/2018 8:53 AM
5	-Gender and gender fluidity -How the microcosm of therapy in the room sits in the broader macrocosm of the world outside; how do we contain and support growth when the world feels so increasingly uncontainable and chaotic	9/27/2018 2:30 PM
6	no	9/27/2018 2:05 PM
7	Whatever is his latest passion!!	9/27/2018 1:09 PM
8	I would like to explore further the final part of the workshop.... the movement, or lack of, between knowing and unknowing, directive and non directive etc.	9/27/2018 11:37 AM
9	More on specific ways of working with different areas; grief; relationships; family work.	9/27/2018 10:53 AM
10	I'd like to explore what working existentially looks like in practice - perhaps with more case study examples. I know that there are differing theories and techniques depending on where each therapist sits theoretically, but seeing more examples of theory in practice, like the experiential exercises we took part in, would be beneficial.	9/27/2018 10:45 AM
11	Suicide	9/27/2018 9:36 AM