

Was there anything you particularly enjoyed about this training?
All of it!
interaction with other therapists
I enjoyed being able to take part in break away groups, where I could explore my thoughts.
Very interactive with lots of breakouts, allowing participants to share their own views and experiences. Trainer is very "human" - comes across as genuine, funny, engaging with audience and truly interested in the subject.
Expertise of trainer and personal sharing.
The rich content and references to others research and work in goal setting
The breakout rooms
I liked the pace ... the diversity of the break out groups, and that they were organised by the trainer as I felt it encouraged different dialogue between us ... and the fact that the subject matter of the training gave challenge and reflection for me to think about to how I work as a therapist and how I can improve my work with my clients, improve their experience and outcome in therapy and also deepen our therapeutic relationship moving forward ... as well as the time, opportunity and ability to reflect on myself.
The quality of the content was excellent and very practical, it will make a difference to my work and my clients straight away
I enjoyed all of it. It was engaging and thought provoking.

What aspects of the training could be improved?
Perhaps more time spent on the form and using the form in practice - but more time would have probably been needed to do so!
If we could have access to the references in the presentation that would be amazing. It was so rich.
Nothing
Perhaps a more concise introduction session, it meandered a little.
I'd love to attend f-2-f training with this trainer, but Zoom lends itself so well to regulate, short breakouts, which would get messy f-2-f.
Role play earlier in the workshop. I was a little tired and missed some of the nuances.
None that I can think of!
None!
A few short gaps for the trainer to breathe and for us to digest would have been helpful - a very full-on delivery style!
none