

**Working at Relational Depth – Mick Cooper**  
**Wednesday 3<sup>rd</sup> October 2018**  
**Perth, Australia**  
**Collated Feedback (edited)**

The evaluation form asked participants to rate each item on a five point scale:

Please indicate your agreement/disagreement with the following statements by circling the appropriate number: 1 = Strongly Disagree, 3 = Neutral, 5 = Strongly Agree

The numbers below represent the frequency of each particular rating against each item.

General:

Item	Disagree			Agree		Blank
	1	2	3	4	5	
You would recommend this activity to others			2	12	25	1
Comments: <ul style="list-style-type: none"> <li>• Essential topic, extremely well presented</li> <li>• Some q's admin could not answer and did re-direct, but it was very much appreciated</li> </ul>						

Presenter / Teaching:

Item	Disagree			Agree		Blank
	1	2	3	4	5	
The presenter was well prepared				4	36	
The presenter presented clearly and logically				7	33	
The teaching style was effective			1	13	26	
The presentation format was suitable for the content				8	31	1
Sufficient opportunity was provided for active participation				4	36	
Audio-visual guides and handouts were legible, relevant and helpful		2	5	9	23	1
Comments: <ul style="list-style-type: none"> <li>• Mick's calm, warm presence held the group and ensured group energy did not flag</li> <li>• Some handout slides could not be read</li> <li>• Small slides were too difficult to read</li> <li>• Activities could have been shorter as ran behind</li> <li>• Very warm style of presenting</li> <li>• Too small at times (slides)</li> <li>• Ones with baby pic not background so couldn't read them</li> <li>• Slides printed too small and with dark backgrounds making it hard to read</li> <li>• Slides with the baby on it are almost impossible to read sadly</li> </ul>						

Workshop Content:

Item	Disagree			Agree		
	1	2	3	4	5	Blank
The learning objectives were met as stated			3	4	29	4
The material was of sufficient complexity and scope for me to learn		1	6	12	21	
The material was relevant to my professional development needs		1	3	11	25	
The teaching level was appropriate		1	4	12	23	
The knowledge you learned today will be applied in your work		1	1	11	26	1
Comments: <ul style="list-style-type: none"> <li>• A little simple</li> <li>• Info overload at the moment, but thank you; I found it a very rewarding experience. Safe flight to the UK. Good luck implementing your “room management strategy” and thanks for openly embracing it</li> <li>• As I attended at APS Congress, today was slower moving, which is fine, just different</li> <li>• Not really new material, but Mick’s personal sharing was an encouraging affirming and helpful model that I will take with me</li> <li>• Thank you!!</li> <li>• Mick provided the space for me to work on myself. Thank you so much</li> <li>• Well structured, well organised (food was great)</li> <li>• Great to be in a workshop that reflects on self and other and the space in between</li> <li>• Very affirming of ways I currently practice. Thank you – much gratitude for acknowledging the importance of this</li> <li>• Would have liked more info on barriers to relational depth and therapists. Also more strategies for clients and therapists to improve relational depth</li> <li>• Styles of disconnection was very helpful to explore</li> <li>• Re-affirmed previous learning. Very helpful</li> </ul>						

Why did you attend this workshop?

Update my skills - 22

Acquire new skills - 8

To accrue PD points - 9

other – 5 (self efficacy, network, boost, support my passion for the job, inspiration / affirmation, meet others)

Overall I would rate this workshop as:

Excellent - 20

Good - 6

Average - 1

Disappointing – 0